



*Come one, come all and join us for our 45th Annual Oklahoma State Fair Senior Day on **Wednesday, Sept. 20**. All seniors, **55+**, are admitted to the Fair **FREE** on this day. (Proof of age, required)*

TIPS FOR THE DAY

- All Senior Day activities (except Shawn Klush) start or are in the Special Events Area located at the south end of the **MODERN LIVING BUILDING**, and will be held from 10 a.m. to 7 p.m. Enter at gates 1, 2, or 10 and catch one of the free trams which begin running at 10 a.m.
 - Ask Trams to stop at Gate 3 or by the fountain on General Pershing Blvd to drop you off as they are the closest drop-off points to the building.
- Electric and manual wheelchairs are available to rent inside Gates 2 & 9, while supplies last
- FREE coffee and snacks at 10:00 a.m. **until GONE**. Be early!
Snacks hosted by Bellevue Health & Rehab Center
- All exhibit buildings open at 10 a.m.

REGISTRATION will be on Senior Day and is needed for the following:

- Door Prizes: 3 Sessions - 10 a.m. - 1 p.m., 1 p.m.- 3:30 p.m., 3:30 - 6 p.m.
- Out & About: *Space Walk*: 10 a.m. - 12 p.m.
- Love You to the Moon and Back Couples Challenge: 10 - 11:30 a.m.
- Milky Way: 10:55 - 11:15 a.m.
- Karaoke Contest: 12 - 1 p.m.
- It's Not Rocket Science: 1:50 - 2:10 p.m.
- Big Bang Game Show: 2:20 - 2:40 p.m.
- Alien Invasion: 5:20 - 5:40 p.m.
- Save the Frozen Planet: 5:40 - 6 p.m.



Volunteers will greet you at the registration table located at the front of the room.

CHECK OUT WHAT'S HAPPENING ON THE SPACE STATION!



FREE HEALTH SCREENINGS

- Blood Pressure Screenings by *Bellevue Health & Rehab Center*
- Blood Sugar Screening by *OKC Rehabilitation Hospital*
- Depression & Memory Screenings by *Autumn Life Center for Geriatric Behavioral Health*
- Diabetic Foot Screenings by *Oklahoma Foot & Ankle*
- Flu Shots, Pneumonia and B12 by *Passport Health*
 - A cost will be incurred for all shots
 - You must have your insurance card in hand if insurance covers your shots!
- Osteoporosis Screening by *BrightStar Home Care*
- Vision Screenings by *Bridges Health*

SENIOR HEALTH AND RECREATION EXHIBITORS

Alzheimer's Association

ArchWell Health

Asa Smith Funeral Service

Autumn Life Center for Geriatric Behavioral Health

Bellevue Health & Rehabilitation Center

Bridges Health

BrightStar Home Care

Caregiver Magazine

Complete Home Health & Hospice

DHS Community Living

Emerald Care Centers

Iterim HealthCare

Cornerstone Caregiving

Metropolitan Library System

Myriad Gardens

Nana's Closet

OG&E

Oklahoma ABLE TECH

Oklahoma City Rehabilitation Hospital

Oklahoma Foot & Ankle

Oklahoma Insurance Commission

Osher Lifelong Learning Institute

Parkinson Foundation of Oklahoma

Passport Health

Physician Housecalls

Pioneer Library System

Senior News and Living

Seniors Helping Seniors

TRIAD

Tribute Memorial Care



DOOR PRIZES

(Registration: Session 1: 10 a.m. - 1 p.m., Session 2: 1 p.m. - 3:30 p.m. & Session 3: 3:30 - 6 p.m.)

Pick up your ticket at the prize table for a chance to win one of many exciting donated gifts. There will be multiple drawings in the morning, the early afternoon and then again during the late afternoon. Each session's tickets will be discarded after the end of their respective time. So be sure you register again for both afternoon door prize sessions. Winners will be announced over our loud speaker.

Check the winner board during each session. Special Notice: *At the end of the evening, all line dance participants (you must be dancing) will receive special tickets for a chance to win unclaimed prizes.*



SENIORS OUT & ABOUT: SPACEWALK

10 a.m. – 2 p.m. (Registration 10 a.m. - 12 p.m.)

Step out and see if you can find the exhibitors who are surrounding our “Space Station”. Grab your spacewalk program and a friend to orbit around the fun and exciting exhibitors that await you throughout the Fairgrounds. Once found, be sure to have them stamp your spacewalk program!

Fully stamped and completed spacewalk programs need to be returned to the Out and About table on the space station no later than 2 p.m. to receive your 2023 collectable Senior Day t-shirt.

SENIORS IN MOTION VIDEO VIEWING & VOTING

10 a.m. - 5 p.m.

Watch your fellow seniors bust a move and vote for your favorite video!

Senior Day is having the first ever Seniors In Motion Video Contest! Senior communities from all over the state will submit their videos and the top 10 will be viewable during Senior Day! Viewers will vote on their favorite which will be announced at 5:25 p.m. A \$200 gift card will be given to the winning community to throw a party!

Video production provided by Interim Healthcare.

Gift card provided by Synergy Home Care.



THE OKIE STOMPERS

10:05 a.m. & 11:00 a.m.

What do you get when you combine tap with line dancing? The ultimate toe-tappin' clogging show by one of Oklahoma's own, THE OKIE STOMPERS!

BLACK HOLE TOSS

10:35 - 10:50 a.m.

No registration required. We are go for Launch! Gather around the stage and get ready! Audience participants will line up in front of the stage for one chance at entering the Black Hole through the Galactic Halo.

Space Cadets who successfully enter the Black Hole will win a gift until they run out. One chance per person. This cosmic game will test your precision and cosmic patience.

Prizes provided by Teal Creek Assisted Living and Memory Care

THE MILKY WAY- EXPANSIVE UNIVERSE OR DELICIOUS CANDY

11:30 - 11:50 a.m. (Registration 10:55 - 11:15 a.m.)

Register for this super planet competition and put your taste buds to the test. Two contestants will be drawn from those registered to compete for intergalactic prizes. Each contestant is blindfolded and will have to guess 5 different foods. The person who guesses the most correctly will orbit their way to a cosmic prize.



YMCA COMMUNITY TEAM

12:00 - 12:40 p.m.

Come experience the YMCA Community TEAM as they travel through the galaxy entertaining strange alien fair attendees, friendly and hostile alike. The TEAM mission is to boldly present an array of exciting activities. Come prepared for an Out of The World experience of smiling, singing, dancing, and laughing!

GRAB SOME LUNCH!

You're at the Fair and what's better than Fair food? Absolutely nothing! Food Row is just steps away from all the Senior Day activities. There are plenty of chairs in the air-conditioned Special Events Area in the Modern Living Building. So zoom your way to lunch.



2022 Oklahoma State Fair Senior Royalty Winners!

**Paula & Keith Thomas of
Yukon, OK**



LOVE YOU TO THE MOON AND BACK COUPLES CHALLENGE

12:50 p.m. (Registration 10 - 11:30 a.m.)
(5 couples will be chosen to participate.)



Calling all spacefaring couples! Register for a chance to battle against other pairs for the titles of Space King and Queen. How well do you know your partner? If your names are called teleport to the stage and the couple who gravitates towards the most correct answers, wins! In the out of this world tradition of Senior Day at the Fair, the winning couple will receive a VIP parking pass for the 2024 State Fair Senior Day and a stellar prize!

This event is sponsored by Interim Healthcare. Winning couples grand prize donated by Synergy Home Care. Participant prizes donated by Interim Healthcare.

OUT OF THIS WORLD KARAOKE CONTEST

1:20 - 2:10 p.m. (Registration: 12 - 1 p.m.)

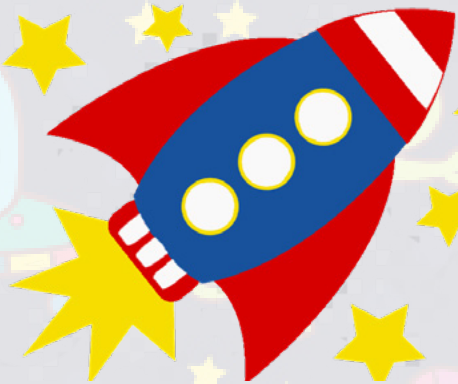
Show off your out of this world talent at the karaoke contest! Five singers will be chosen to sing a song of their choice. Your audience will vote for the winner at the end, so be sure to bring your friends!



IT'S NOT ROCKET SCIENCE

2:20 - 2:40 p.m. (Registration: 1:50 - 2:10 p.m.)

Our main rocket has lost all power and the aliens are hot on our tail. We need fuel. The only way to power the rocket is through science. Help our engineers by answering basic science questions. Two lucky science nerds will be drawn from the registered contestants to compete for an out of this world prize.



THE BIG BANG GAME SHOW

2:50 - 4:20 p.m. (Registration: 2 - 2:20 p.m.)

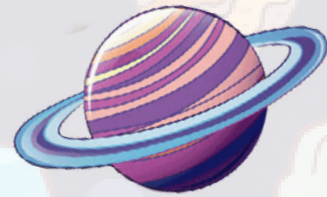
Calling all space faring older adults who gravitate towards winning far out prizes at hypersonic speed. The games are out of this world fun with over the moon prizes. Make sure to register for a chance to beam up to the mother ship for a chance to compete. The sky's the limit!

This event is hosted by OU Health Edmond Behavioral Health Services





**THE VOCAL SOUNDS OF OKLAHOMA
MEN'S A CAPELLA CHORUS**
4:30 - 4:50 p.m.



The Vocal Sounds of Oklahoma is an award-winning a cappella chorus of men from various walks of life who love to sing four-part close-knit harmony. Their mission is to share the love of four-part a cappella singing with our community while encouraging others to join us in barbershop harmony. This group contributes part of their winnings to local charities, donates their time and efforts in the community, supports local school music programs, and loves to spread music and harmony to everyone they meet.

JIM GARLING - SPACE COWBOY
5 - 5:20 p.m.

Mr. Garling, a native Oklahoman from Guthrie, returns with a guitar strapped on his shoulder and his genuine smile. Bringing cowboy-era music, classics from silver screen heroes and some favorites from contemporary artists. Fairgoers young and old will enjoy his incredible vocal style, remarkable guitar skills and little doses of history he shares about the songs.



OKC SWING DANCING CLUB
5:20 - 5:45 p.m.

Grab your dancing shoes and join the OKC Swing Dancing Club for an interactive demonstration!



ALIEN INVASION
5:55 - 6:10 p.m. (Registration 5:20 - 5:40 p.m.)

The aliens have us surrounded and we need four sharp shooters to blast them with cosmic radiation to save the galaxy. Registered contestants will be randomly drawn to teleport to the starbase to join the space law team. The person who destroys the most aliens wins!



SAVE THE FROZEN PLANET

6:10 - 6:30 p.m. (Registration 5:40 - 6 p.m.)

Our main rocket has lost all power and the aliens are hot on our tail. We need fuel. The only way to power the rocket is through science. Help our engineers by answering basic science questions. 2 lucky science nerds will be drawn from the registered contestants to compete for an out of this world prize.



ELVIS VISITS THE SPACE STATION!

6:30 p.m.

Elvis visits the Space Station in his blue suede shoes! Get your Elvis on with Mike Black as he swings, sways and sings some of your favorite Elvis songs.



SHAWN KLUSH - TRIBUTE TO ELVIS

(Chickasaw Country Entertainment Stage) 7:30 p.m.

Shawn Klush has starred as 'Elvis' in the award-winning Las Vegas show "Legends in Concert" in their many show rooms. He stars in the "Elvis Birthday Tribute Tour" with Elvis' own musicians, singers, and friends in major venues in multiple cities. Shawn was a featured performer on the Late Show with David Letterman performing to over 5 million viewers with the entire CBS Orchestra and portrayed Elvis in HBO's "Vinyl" produced by Martin Scorsese and Mic Jagger.





THE OKLAHOMA STATE FAIR THANKS ALL SENIOR DAY EXHIBITORS, CONTRIBUTORS & ENTERTAINERS

ENERGIZED BY

OG+E



SENIOR GALAXIES (GOLD)

- Archwell Health
- Autumn Life Center for Geriatric Behavioral Health
- Asa Smith Funeral Service
- Bellevue Health and Rehabilitation
- Bridges Healthcare
- BrightStar Home Care
- Complete Home Health & Hospice
- Cornerstone Caregiving
- Emerald Care Centers
- Iterim HealthCare
- Iris Memory Care Edmond - Nichols Hills - NW OKC
- Legend Senior Living & Memory Care
- Oklahoma Assisted Living Association
- Oklahoma City Rehabilitation Hospital
- Oklahoma Foot & Ankle
- Passport Health
- Synergy
- Tribute Memorial Care
- Voyage Long Term Care

SENIOR COMETS (SILVER)

- Bristol Hospice
- Kris & Paul Whitworth
- Frontier Hospice
- Homestead of Del City Assisted Living & Memory Care
- Jim Garling
- Mike Black
- OKC Swing Dancers Club
- Senior Care Referral Services of Oklahoma
- Teal Creek Assisted Living & Memory Care
- The Gardens at Quail Springs Assisted Living and Memory Care
- The Okie Stompers
- Vocal Sounds of OK
- YMCA CommUNITY TEAM

SENIOR STARS (BRONZE)

- Alzheimer's Association
- Angels Care Home Health & Behavioral Health
- Caregiver Magazine
- Compass Senior Living
- Brookdale Home Health
- DHS
- Enhabit Home Health & Hospice
- Golden Age Home Health
- Metropolitan Library System
- Myriad Gardens
- Nana's Closet
- Oklahoma ABLE TECH
- Oklahoma Insurance Commission
- Oklahoma Poison Control
- Osher Lifelong Learning
- Parkinson Foundation of Oklahoma
- Physicians Housecalls
- Pioneer Library System
- Principal Choice Solutions, LLC
- Senior News & Living
- Seniors Helping Seniors
- TRIAD